



## Study Guide for Sizer/Whitney's Nutrition: Concepts and Controversies, 12th

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By Kicklighter, Jana

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Summary: Maximize your study efforts with this comprehensive resource, which provides a detailed review of chapter material that reiterates chapter objectives and key concepts. Crossword puzzles and matching exercises review glossary terms from the chapter, while probing short answer and essay questions test your overall grasp of the material. A sample test for each chapter and helpful study tips are also included.



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