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## Living Alone: Loneliness Is Not Being Without Someone. Loneliness Is Being Without Love. (Paperback)

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By Dr Harry Jay

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.How to Live Alone - Living Alone is all about how to live alone and the rise in solitary living. It discusses the pros and cons of this form of lifestyle, the benefits of living alone, living alone tips and more. Are you living alone for the first time? Have you confronted the fear of living alone? Is living life alone something that you are constantly thinking about? Living alone is not a just an USA phenomena; this is occurring worldwide with the Scandinavian countries taking the lead. Living Alone is an in depth study as to the way social interaction is changing and why cohabitation is in decline. The facts and figures revealed in this book will astound you; the realities of solitary living are something not to fear. More women than men live alone, but men find it a more difficult a task because women take better care of themselves and have healthier solitary lifestyles. If you live alone or are contemplating living alone then you need to read this book. It is all about lifestyle...



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