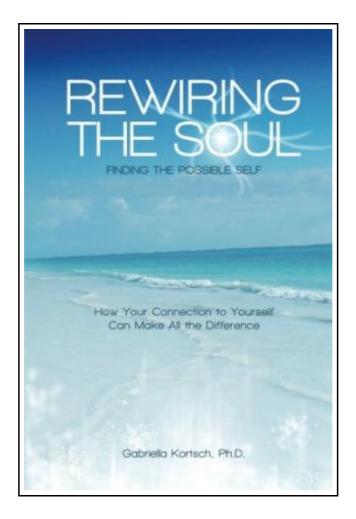
Rewiring the Soul: Finding the Possible Self: How Your Connection to Yourself Can Make All the Difference (Paperback)



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Reviews

It in one of my personal favorite publication. Indeed, it is actually perform, still an amazing and interesting literature. Its been printed in an exceptionally easy way which is merely soon after i finished reading this book where really altered me, change the way i believe.

(Neal Homenick IV)

REWIRING THE SOUL: FINDING THE POSSIBLE SELF: HOW YOUR CONNECTION TO YOURSELF CAN MAKE ALL THE DIFFERENCE (PAPERBACK)



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Createspace, United States, 2011. Paperback. Book Condition: New. 228 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Ask anyone, whatever their circumstances, if their life is vibrant, fulfilling, harmonious and happy. An honest reply is likely to be no, because to answer a truthful yes is no mean feat. Only to grow psychologically and emotionally is not enough. And only to grow spiritually is not enough either. All three dimensions need to be developed in order to realize your full potential. If you are willing to assume total responsibility for the self and to start what is an on-going journey, you will quickly begin to glimpse the first fruits of the ultimate goal: inner well-being, freedom, peace, harmony and joy. This book sets out the pathway to self-mastery and self-discovery and walking that pathway will be the most exciting adventure of your life. Rewiring the Soul provides a user-friendly roadmap for personal transformation. Using conversational style, it guides the reader to an understanding of himself, his problems and how they can be resolved, including as well his spiritual growth. Based on common sense and the author s work as an integral psychotherapist as well as lessons gleaned from teaching and personal experiences, interwoven with current findings from neuroscience, positive psychology, quantum physics and Buddhism, Rewiring the Soul signposts the path to resolving everyday life and its problems while converging with the inner quest for connection with the soul. Praise for Rewiring the Soul The instruction manual on rewiring the soul. An in-depth guide on life, love, spiritual evolution our integration within the universe. Michael Habernig April Hannah; Producers: The Path- The Afterlife The Path 11 Documentaries The masterwork of a profoundly gifted healer of the soul. Dazzling, challenging, wondrously useful. Peggy Rubin, Director, Center...

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