



## Awakening Loving-Kindness (Shambhala Pocket Classics)

By Pema Chodron

Shambhala. Paperback. Book Condition: New. Paperback. 192 pages. Based on talks given during a one-month meditation retreat at Gampo Abbey, this book contains teachings that were intended to inspire and encourage practitioners to remain wholeheartedly awake to everything that occurs and to use the abundant material of daily life as their primary teacher and guide. The message for the retreat participants and for the reader as well is to be with oneself without embarrassment or harshness. This is instruction on how to love oneself and one's world. This Shambhala Pocket Classic is an abridged version of *The Wisdom of No Escape*. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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### Reviews

*I actually started out reading this article ebook. This is for those who state that there had not been a worth reading. Its been developed in an extremely easy way and it is just after i finished reading this book in which in fact modified me, change the way i really believe.*

-- **Antonetta Ritchie IV**

*Complete information! Its such a great study. It is probably the most amazing book i have got study. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Mr. Roger Luetgen III**

## See Also

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### **Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large**

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who can teach you a lot. Everyone who...

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### **Summer Fit Preschool to Kindergarten Math, Reading, Writing, Language Arts Fitness, Nutrition and Values**

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### **The Day I Forgot to Pray**

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### **DK Readers Animal Hospital Level 2 Beginning to Read Alone**

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### **DK Readers Day at Greenhill Farm Level 1 Beginning to Read**

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in.This Level 1 book is appropriate for children who are just beginning to read. When the rooster crows, Greenhill Farm springs to life. Join the ducklings, cows, and...

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### **Harts Desire Book 2.5 La Fleur de Love**

Cajunflair Publishing. Paperback. Book Condition: New. Paperback. 112 pages. Dimensions: 8.0in. x 5.0in. x 0.3in.Its late 1974, and high school student, Melinda Dawson is in serious trouble. Within two hours of revealing her suspected pregnancy to her parents, shes whisked off against...