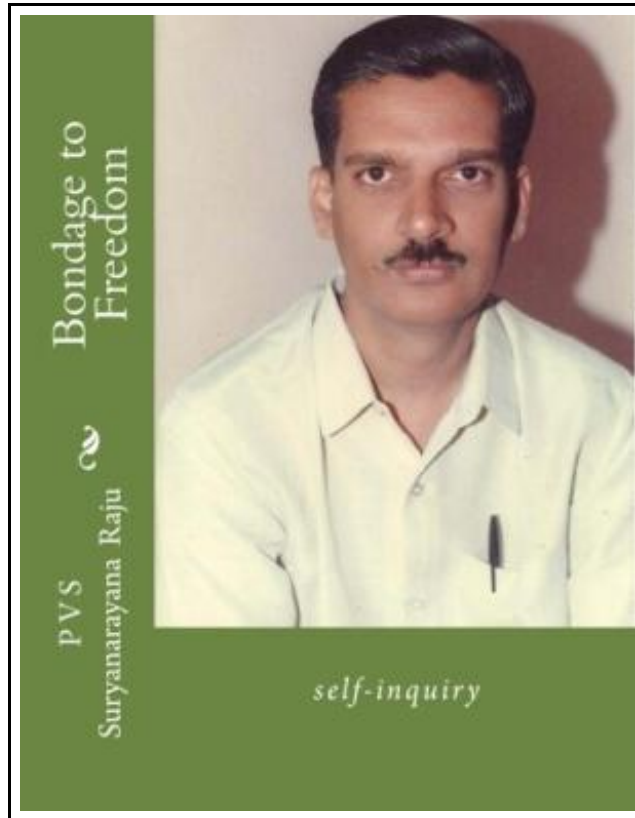


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Createspace, United States, 2013. Paperback. Book Condition: New. Large Print. 280 x 212 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Mind at rest is Self. Mind in movement is ego. Empty mind is free. Mind with contents feels that it is in bondage. Action without motive brings freedom. Action with intention is limited and so binding. Humanity is caught up in self ignorance. Every human feels that he is a separate entity not only biologically but psychologically. It is this feeling of being a separate entity that is causing havoc in human society. So one starts accumulating things for himself and his family and is not bothered about the rest of mankind. The concept of community and country has its seeds in family. Because one feels insecure with family he identifies with community and country and accumulates armaments in case there is a war. Armaments are meant to kill fellow human being and we fight war just for ideals thinking that humans of other country are different from us. The concept of nationality is just a glorified tribalism. Every country is spending almost 50 of its income to acquire armaments. See the insanity involved in the concept of nationality. Humanity is one and its problems are same wherever they live. Self centred activity is based on the thesis that one is a separate entity and so whatever activity is done will end up in conflict. The contents of mind like comparison, ambition, desire, violence, fear, possession, pleasure, anxiety, hatred, misery, and these are common to all wherever they live and every human is caught in this stream. But if one can observe this self centred activity without the interference of conditioned observer he is free from this stream. The very observation, perception has got its own...



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