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In Gratitude to Pegasus (Paperback)

By Tim Marshall

MoshPit Publishing, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.In Gratitude to Pegasus charts Tim Marshall's journey through mental illness and recovery. It is divided into sections that reflect the different stages he experienced. With many creative gifts he found it increasingly difficult to concentrate on developing any of them fully in order to pursue a career. Tim joined a Christian community and during a quiet time of prayer he had a life-changing spiritual awakening which led him to relentlessly search for its meaning for the rest of his life. Tim's passion was frequenting bookshops with a keen eye for anything of a metaphysical nature. He studied the teachings of the ancient spiritual masters and became enchanted with many of the modern mystics, always searching for answers for the meaning of life and to put some light on his experiences in the Christian community. Tim learnt many meditation techniques and these played a pivotal role in his recovery from an episode. It was Tim's wish to write a book in order to help fellow sufferers. He felt strongly this need to...



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