Famous Dishes Made Low-Carb!: Your Favorite Low-Carb Recipe Book with Quick and Easy Recipes (Paperback)

By Paulina Christen

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Famous Dishes Made LOW-CARB! Your Favorite Low-Carb Recipe Book with Quick and Easy Recipes Many people assume that when you switch to a low-carb, low-fat diet that you have to give up all of your favorite foods. This kind of diet is very good for you, but it can be a little boring if you don t have the right recipes. In this book you will find a collection of delicous and flavorful recipes for classic foods from around the world that are low in both fat and carbs. These recipes include regional favorites like lasagna and stir-fry as well as classic recipes like pizza, pasta, burgers and cakes. With this book in hand you can enjoy all of the famous dishes without straying from your low-carb, low-fat diet. So what are you waiting for? Get cooking! Includes low-carb mouthwatering meal recipes under 30 minutes and other world famous recipes: Chocolate Chip Pancakes Belgian Waffles Blueberry Muffins Cheeseburger Pizza Sushi Pasta Primavera Lasagna Vegetable Quiche Southern Fried Chicken Shepherd s Pie Fish and Chips Thai...

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