



The Early American Table: Food and Society in the New World

By Trudy Eden

Northern Illinois University Press. Hardback. Book Condition: new. BRAND NEW, The Early American Table: Food and Society in the New World, Trudy Eden, An exploration in the history of biopolitics, "The Early American Table" offers a unique study of the ways in which English colonists in North America incorporated the "you are what you eat" philosophy into their conception of themselves and their proper place in society. Eden aptly demonstrates that ideas about the body - ideas which may seem irrelevant or even laughable today - not only guided day-to-day personal behavior but also influenced society and politics. According to the 17th- and 18th-century understanding of the body, food affected the blood, bones, mind, and spirit in ways other social markers (e.g. clothes, manners, speech) did not because food was directly assimilated by the consumer. A plentiful, varied diet of high-quality refined foods created virtuous, refined individuals fit to govern society. In contrast, a more restricted diet of poor quality, coarse foods made an individual coarse, even beastly, and unfit to lead. In the Old World, especially before 1600, poverty, legal restrictions, and the scarcity of land prohibited most individuals from purchasing or raising foods believed to produce refinement and virtue....



READ ONLINE
[3.2 MB]

Reviews

A fresh eBook with a brand new standpoint. It can be rally exciting throgh looking at period of time. I am delighted to inform you that this is the greatest book i have read throuh during my individual existence and may be he very best publication for ever.

-- **Era Thompson**

This publication is worth getting. This is certainly for those who statte that there was not a well worth studying. Its been written in an exceptionally simple way in fact it is only after i finished reading throuh this ebook in which in fact transformed me, modify the way i believe.

-- **Mr. Hester Prohaska DVM**

Related PDFs



You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the fact that her mother winced a little...



Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success

Brookes Publishing Co. Paperback. Book Condition: new. BRAND NEW, Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success, Eva M. Horn, Susan B. Palmer, Gretchen D. Butera, Joan A. Lieber, How can inclusive early educators plan and deliver...



Sarah's New World: The Mayflower Adventure 1620 (Sisters in Time Series 1)

Barbour Publishing, Inc., 2004. Paperback. Book Condition: New. No Jacket. New paperback book copy of Sarah's New World: The Mayflower Adventure 1620 by Colleen L. Reece. Sisters in Time Series book 1. Christian stories for girls. Sisters in Time Series. Age 8-12,...



Leave It to Me (Ballantine Reader's Circle)

Ballantine Books. PAPERBACK. Book Condition: New. 0449003965 12+ Year Old paperback book-Never Read-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good Copy- I ship FAST with FREE tracking!!!! * I am a...



The Preschool Inclusion Toolbox: How to Build and Lead a High-Quality Program (Paperback)

Brookes Publishing Co, United States, 2015. Paperback. Book Condition: New. 274 x 213 mm. Language: English . Brand New Book. Filled with tips, tools, and strategies, this book is the comprehensive, practical toolbox preschool administrators need to implement early childhood inclusion through...



The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)

WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English . Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to give your child an academically rigorous, comprehensive...